

Welcome to today's panel!

- **First time using Webex?**
 - You can communicate with other attendees or the host in the **Chat Box** and seek technical assistance if needed.
 - You can type questions about the material presented in the **Q&A** section.
- Today's webinar will be **recorded and shared publicly**. Please keep this in mind when sharing information and experiences during the webinar.

Getting There: Including Transportation in a Future Plan

Robyn Bernardy, Directory of Travel Training for Medical
Transportation Management

Julie Dupree, Training and Technical Assistance
Specialist II for Easter Seals Project Action



Easter Seals Transportation Group

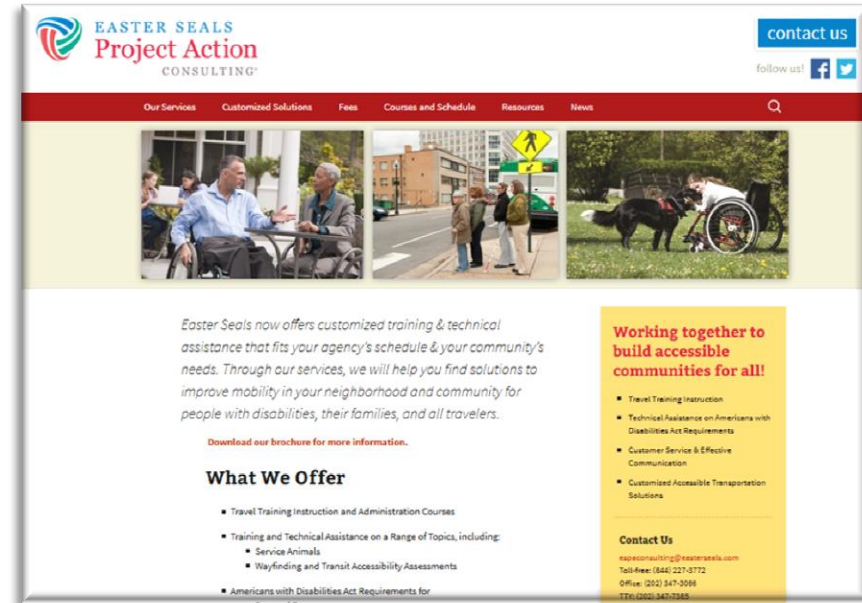
Multiple projects focusing on:

- Accessible transportation for people with disabilities
- Transportation for older adults
- Veterans transportation concerns
- School transition programs and travel skills for students
- Mobility management



ESPA Consulting

- Training
 - Webinars
 - Online Courses
 - In-person workshops
- Questions about events
 - Via phone - (844) 227-3772
 - Via e-mail - ESPAConsulting@easterseals.com
- Website- www.projectaction.com



Overview

- Importance of transportation resource planning
- Transportation Education
- Wayfinding Technologies
- Mobility Management

A Day in the Life

- Freedom in choice
- Independent living model philosophy and transportation
- We need safe, reliable and affordable transportation to access our world



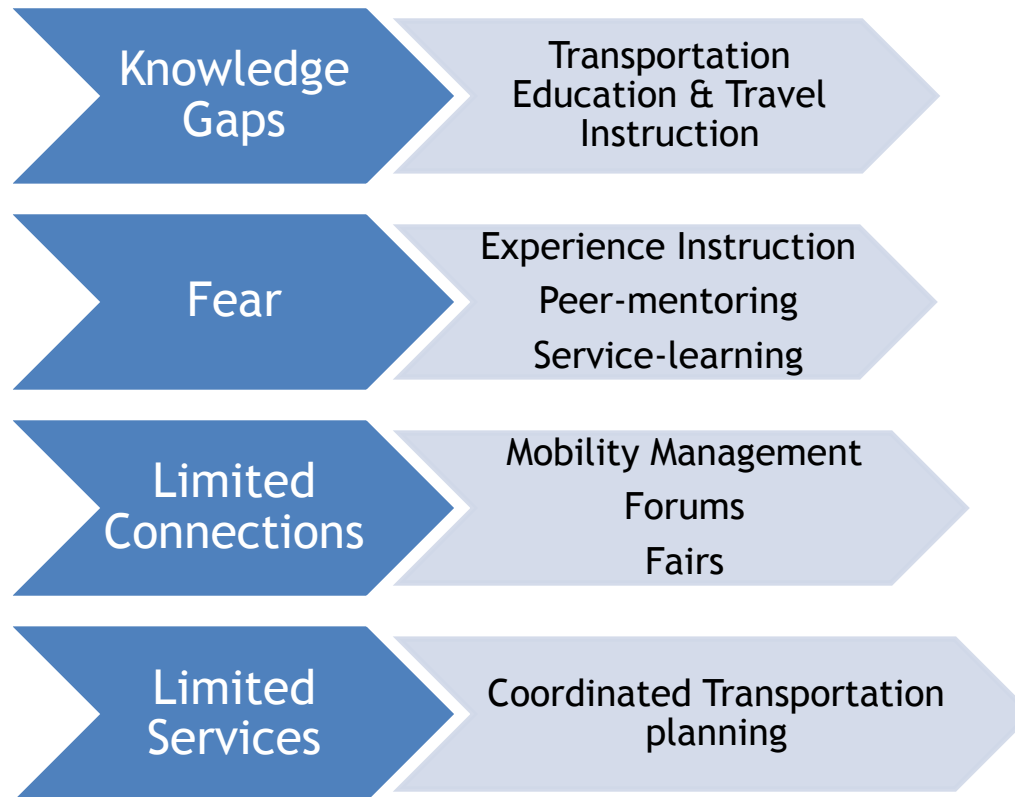
The Power of Data

- Thirty-one percent (31%) of people with disabilities report-insufficient transportation compared to 13 percent of the general population (AAPD, 2012)
- Fifty-percent (50%) of unemployed - barrier to employment. Lack of education or training, & lack of transportation (BLS, 2012).
- People with disabilities are 40 percent of 15 million in US who have difficulties getting the transportation they need (NCD, 2013).
- Individuals who ride public transportation instead of driving can save \$9,798 annually (APTA, 2013).

Why does Transportation Continue to be a Barrier toward Community Success?

- Lack of knowledge and skills
- Individuals with disabilities and/or their families are fearful
- Teachers/Service Providers are fearful
- Lack of connections with public transportation
- Lack of transportation options
- Inconvenience of transportation options
- Cost of transportation

Potential Solutions



Transportation Planning Strategies

- Engage families, students, community service providers, and - hold a transportation summit
 - Invite students who use transit, businesses, Voc Rehab
- Conduct resource mapping of transportation resources & travel training services - shared services (church, school, business)
- Contribute to IEP goals around accessible transportation
- Invite transit professionals into events
- Offer students service learning opportunities involving transit and transportation
- Write articles and stories with transportation as a focus

Transportation Planning Strategies

- Field trips to transportation providers
- Embed transportation content into curriculum and instruction
- Integrate transportation content into professional development
- Understand travel instruction and its components
- Connect with transit organizations and mobility management systems



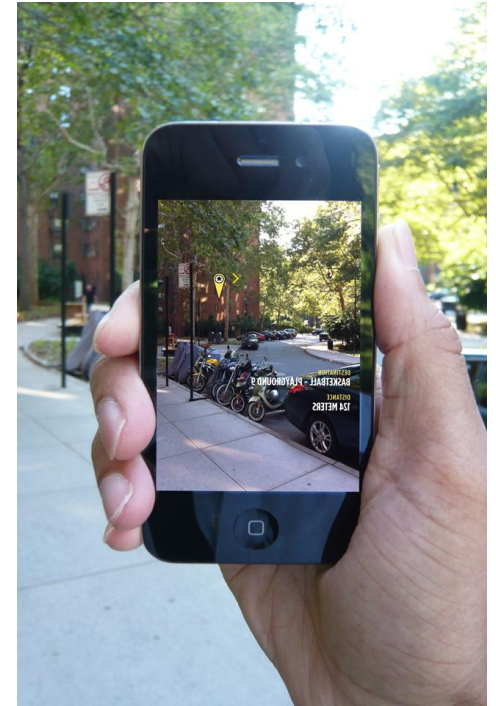
Public Transportation: Beyond Buses

- Fixed Route Transportation
- Shared Ride Service
- Bike Share Programs
- Volunteer Driver Programs
- Transportation Network Companies
- Taxi's



Wayfinding Technologies

- Mobile Applications
- Focus on bringing universal and independent mobility to end user
- Often see in blind/low vision programs
- Excellent independent travel aide





*For people with intellectual
and developmental disabilities*

Wayfinding Technologies

- Click and Go Maps - Columbia Lighthouse for the Blind, Silver Spring, MD
- Travel Mate - The Arc of Northern Virginia



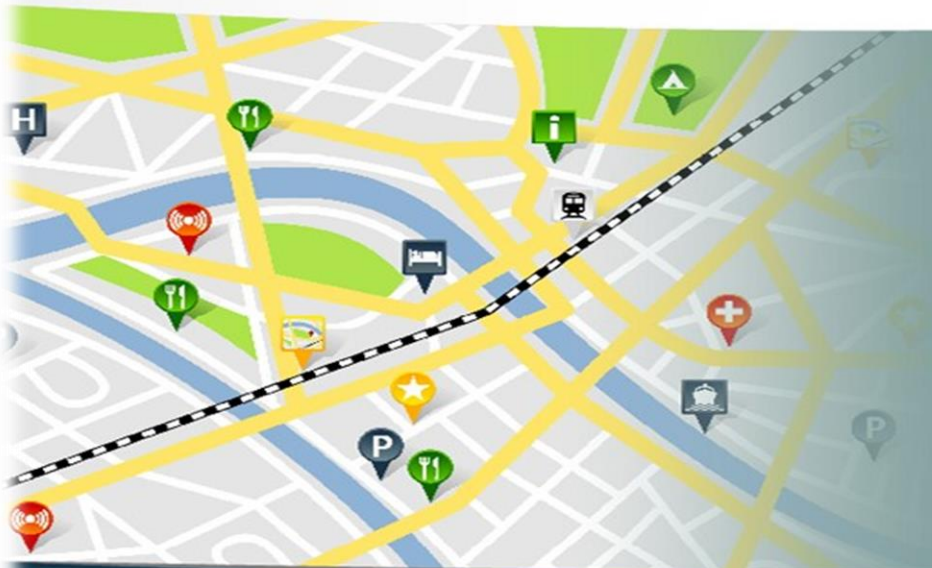
Achieve with us.®

Case Study: Alexander





Travel Training



Introduction to Travel Training

Center for Future Planning

November 17, 2015

What is Travel Training?

Travel training is the “professional activity of teaching individuals how to access their environment and their community and use public transportation independently.”

-Association of Transit Instruction



Benefits of Travel Training

- Individual increases their independence
- Family obtains another mode of transportation
- Public transit agency increases their ridership
- Community gains a member



Types of Travel Training

- One-on-one travel training
 - Individualized
 - Route-specific
 - Not time-limited
- Group travel training



Skills Taught During Travel Training

Time management	Path of travel to & from bus stops
Crossing streets safely	Planning trips online or by phone
Reading bus maps & schedules	Transferring buses
Boarding vehicles	Disembarking vehicles
Obtaining fare media	Using fare media
Advocating for self	Learning routes
Recognizing landmarks	Communicating with bus operator
Following bus rules	Identifying accessibility features
Stranger awareness	Handling unexpected situations
Handling emergencies	Social skills

Travel Training Process

Assessment

Trip planning preparation

Travel training!!

Travel training completion

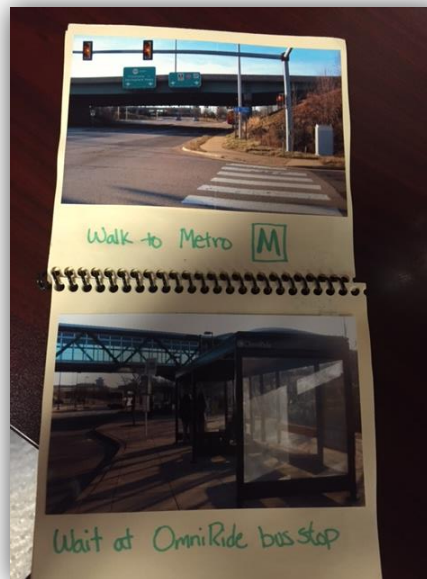
Follow-up

Process Details: Trip Planning

- Route and scout
- Creating tools that will help the learning process

X2 To Work

Get on:	Get off:
H & North Capitol	15 th & Benning
7:01	7:12
7:12	7:23
7:18	7:29
7:26	7:36
7:32	7:42



Green Line

- ☐ Fort Totten
- ☐ Georgia Ave-
Petworth
- ☐ Columbia Heights
- ☐ U Street
- ☐ Shaw-Howard U
- ☐ Mt. Vernon Square
- ☐ Gallery Place
- ☐ Archives
- ☐ L'Enfant Plaza

Process Details

- Person-centered
- Continual assessment of skills
- Thorough documentation of progress
- Updates provided throughout, as needed
- Travel training is not time limited

Barriers

- I don't think they can do it.
- I'd rather just drive them where they need to go.
- Aren't buses dirty?
- Are buses safe?



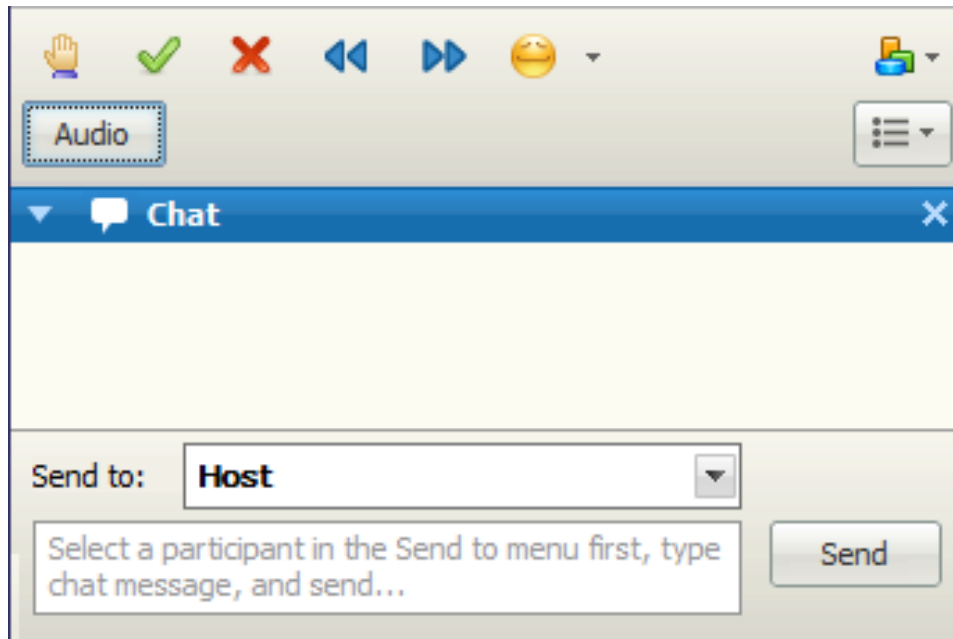
Where Can I Find Travel Training?

- Public transit agencies
- Center for Independent Living
- Non-profits
- Schools



Questions?

Please raise your hand and we will call on you OR type your question into the chat box.



Next Webinar

**Tuesday, December 15th , 2015, 2:00-3:00 PM Eastern
Including Social Connections and Recreational
Activities in Future Plans**

If you have any questions, please contact us at
futureplanning@thearc.org