

Future Planning for People with Dual Diagnoses of I/DD and Mental Health Needs: Strategies and Challenges

Panelists:

Joan Beasley, University of New Hampshire Institute on Disability

Marisa Brown, Georgetown University Center, Child & Human Development

Robert Fletcher, National Association for the Dually Diagnosed

Karyn Harvey, The Arc Baltimore

Joan B. Beasley, Ph.D



Joan is a Research Associate Professor and the Director of the National Center for START Services at the University of New Hampshire Institute on Disability UCED.

Dr. Beasley has worked to promote the development of effective services for people with disabilities and their families for more than 30 years.

Dr. Beasley is the author and co-founder of START first developed in 1989. START is a community based tertiary crisis intervention model currently being implemented across the U.S.



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and developmental disabilities*

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Marisa C. Brown, MSN, RN

Marisa is a research instructor in the Georgetown University Center for Child and Human Development, University Center for Excellence in Developmental Disabilities (UCED). She is an advanced nurse practitioner specializing in the health care of individuals with developmental disabilities with over 30 years of experience. For the past 10 years she has directed the DC Developmental Disabilities Health Initiative, an effort aimed at improving health care quality and access for adults with intellectual disabilities.



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Robert Fletcher, DSW, ACSW



Robert is the founder and CEO of the National Association for the Dually Diagnosed and has more than 35 years of clinical experience in providing individual, group, and family psychotherapy for persons with a dual diagnosis. He is the author or editor of several books in the field, including *Therapy Approaches for Persons with Mental Retardation*, and is the chief editor of the *Diagnostic Manual–Intellectual Disability*. He lives in Kingston, New York.



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Karyn Harvey, Ph.D.

Karyn has worked as a psychologist for over 25 years. She is currently the Assistant Executive Director of Quality Support at The Arc Baltimore, where she oversees psychology, nursing, training and quality assurance. Karyn has written two books on working with individuals with Intellectual Disabilities, one focused on clinical intervention and the other on trauma and programmatic issues. Karyn also teaches a graduate class in the psychology of trauma at The University of Baltimore.



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Who to Involve in the Future Planning Process

Identifying People Who Will Respect the Person's Wishes

Exploring Mental Health Concerns



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Navigating the Benefits System



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Considering Residential Options



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Creating Bridges to Employment



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Building Social Connections



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Preparing for the Loss of Parents

Improving Mental Health Practice to Address Trauma and Promote Well- Being

Planning for Potential Interactions with the Criminal Justice System

Family Resources



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A NATIONALLY RECOGNIZED PROGRAM MODEL SINCE 1988

The START program model was implemented in 1988 by Dr. Joan Beasley and her team to provide community-based crisis intervention and prevention services for individuals with intellectual and developmental disabilities (IDD) and mental health needs.

Cited as a model program in the 2002 U.S. Surgeon General's Report on mental health disparities for persons with IDD, START is a comprehensive model of service supports that optimizes independence, treatment, and community living for individuals with IDD and behavioral health needs.

START is an evidence-informed model that utilizes a national database. The Center for START Services was established in 2009 at the University of New Hampshire's Institute on Disability/UCED.



Key Components:

- 1 Enrich the system (avoid strain)
- 1 Resources allocated to promote linkages (i.e. the use of a linkage "team")
- 1 Resources allocated to fill in service gaps
- 1 Services provided across systems
- 1 Expertise improves capacity
- 1 Outreach is key
- 1 Develop a common language

~ START Model Outcomes, continued

- Strengthened systems linkages that enrich systems, increase resources, and fill in service gaps
- Increased professional and logistic linkages between service providers in multiple disciplines
- Use of community services whenever possible
- Specialized services provided for those who need them
- A growing local, regional, statewide, and national learning community dedicated to evidence-based practices in mental health and IDD



The START program model is nationally proven to provide collaborative, cost-effective support to individuals with intellectual and developmental disabilities and their families through exemplary clinical services, education and training, with attention on service outcomes.

For more information:

56 Old Suncook Road, Suite 2
Concord, NH 03301
T: 603.228.2085, Ext. 23
Relay 711

www.centerforstartservices.com



**Systemic, Therapeutic,
Assessment, Resources & Treatment**



"Services are most effective when everyone involved in care and treatment actively participates in decision-making."

~ Joan Beasley, Ph.D., Director

A program of the Institute on Disability/UCED at:



**University of
New Hampshire**

What is NADD?



- NADD is a not-for-profit membership association
- Established for professionals, care providers and families
- Promotes the understanding of and services for individuals who have developmental disabilities and mental health needs



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Mission Statement



To advance mental wellness
for persons with developmental disabilities
through the promotion of excellence
in mental health care.



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For more information, please contact

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National Center on Criminal Justice & Disability®



The Arc's NCCJD builds the capacity of the criminal justice system to respond to gaps in existing services for people with disabilities.

<http://www.thearc.org/NCCJD>

NCCJD's services include:

- Training and technical assistance (including monthly webinars, web-based and on-site training)
 - Information and referral
- Online resource library (searchable resources by profession, archived webinars, news articles, state-by-state database of relevant laws and legislation, expert attorneys, witnesses, forensic interviewers, and victim advocates)



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Center for Future Planning

Learn
about future planning

Build
your future plan

Find
a professional

See
how others have planned

Get
help for urgent needs



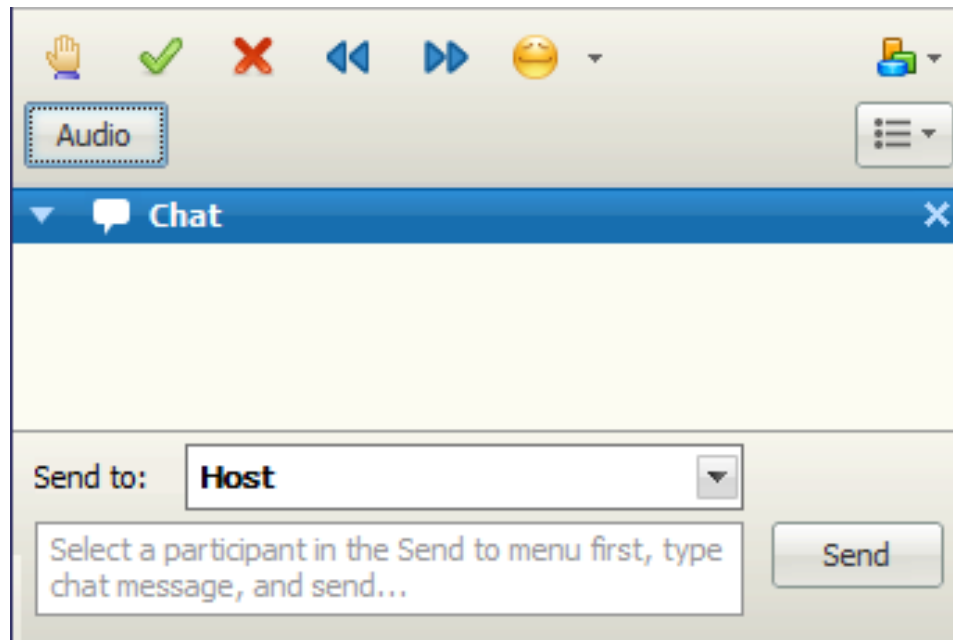
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futureplanning.thearc.org

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Questions?

Please raise your hand and we will call on you OR type your question into the chat box.





Next Webinar – September 2016!

**Finding a Future Home:
What People with I/DD and their Families Should Know About the
Search for a Next Home
(title to be determined)**

If you have any questions, please contact us at
futureplanning@thearc.org