

Welcome to today's panel!

- **First time using Webex?**

- You can communicate with other attendees or the host in the **Chat Box** and seek technical assistance if needed.

- You can type questions about the material presented in the **Q&A** section.

- Today's webinar will be **recorded and shared publicly**. Please keep this in mind when sharing information and experiences during the webinar.

Including Social Connections and Recreational Activities in Future Plans

Panelists:

Al Condeluci, Community Living and Support Services

Dee Duncan, New Directions Travel

Regina Watts, The Point/The Arc of Northern Kentucky

Amy Goodman, Autism NOW and The Arc



*For people with intellectual
and developmental disabilities*

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Al Condoluci



- Family experience with disability
- Practitioner for the past 45 years
- Academic researcher and teacher on Social Capital and Community Engagement



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Dee Duncan

- Opening the great wide world of travel to *everyone*!
- What better way to learn and make new friends?
- So far we have taken over 17,000 people on group tours all over the world!



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Regina Watts



- Helps people accomplish their goals and make dreams reality.
- Program's goals to provide socialization experiences for adult men & women with I/DD and to promote and encourage independent participation in the community with peers.



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Amy Goodman

- Self-Advocate and staff at The Arc representing our National Council of Self-Advocates
- Speaking topics include Anti-Bullying, Marriage, Dating, and Relationships from the perspective of someone on the spectrum
 - Avid square dancer!



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Benefits to Engaging in Community Activities

Creating Opportunities to Grow Friendships



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Dealing with Changing Interests and Relationships

Finding Someone to Support or Provide Advice about these Issues in the Future

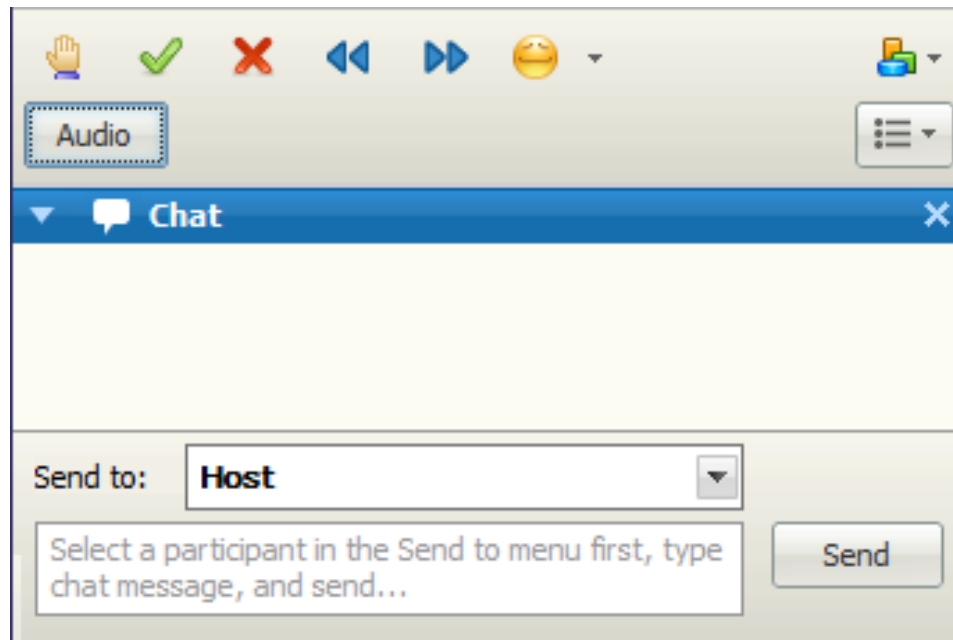
Supporting People to Deepen Relationships



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Questions?

Please raise your hand and we will call on you OR type your question into the chat box.





Next Webinar

Wednesday, January 13th, 2015, 2:00-3:00 PM Eastern
Breaking Up is Hard to Do: Divorce and Families that Include a Son
or Daughter with I/DD

If you have any questions, please contact us at
futureplanning@thearc.org