

Plan for the Future with The Arc's NEW Resources!

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Webinar Overview

- What is Future Planning?
- Background on The Arc's Center for Future Planning
- New Future Planning Resources
- Future Planners of The Arc Online Trainings

Background on Future Planning

Future Planning is creating a guide for a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible. A plan is important throughout all stages of life and especially in the future after the parent or caregiver is no longer able to provide support.

Barriers to Future Planning

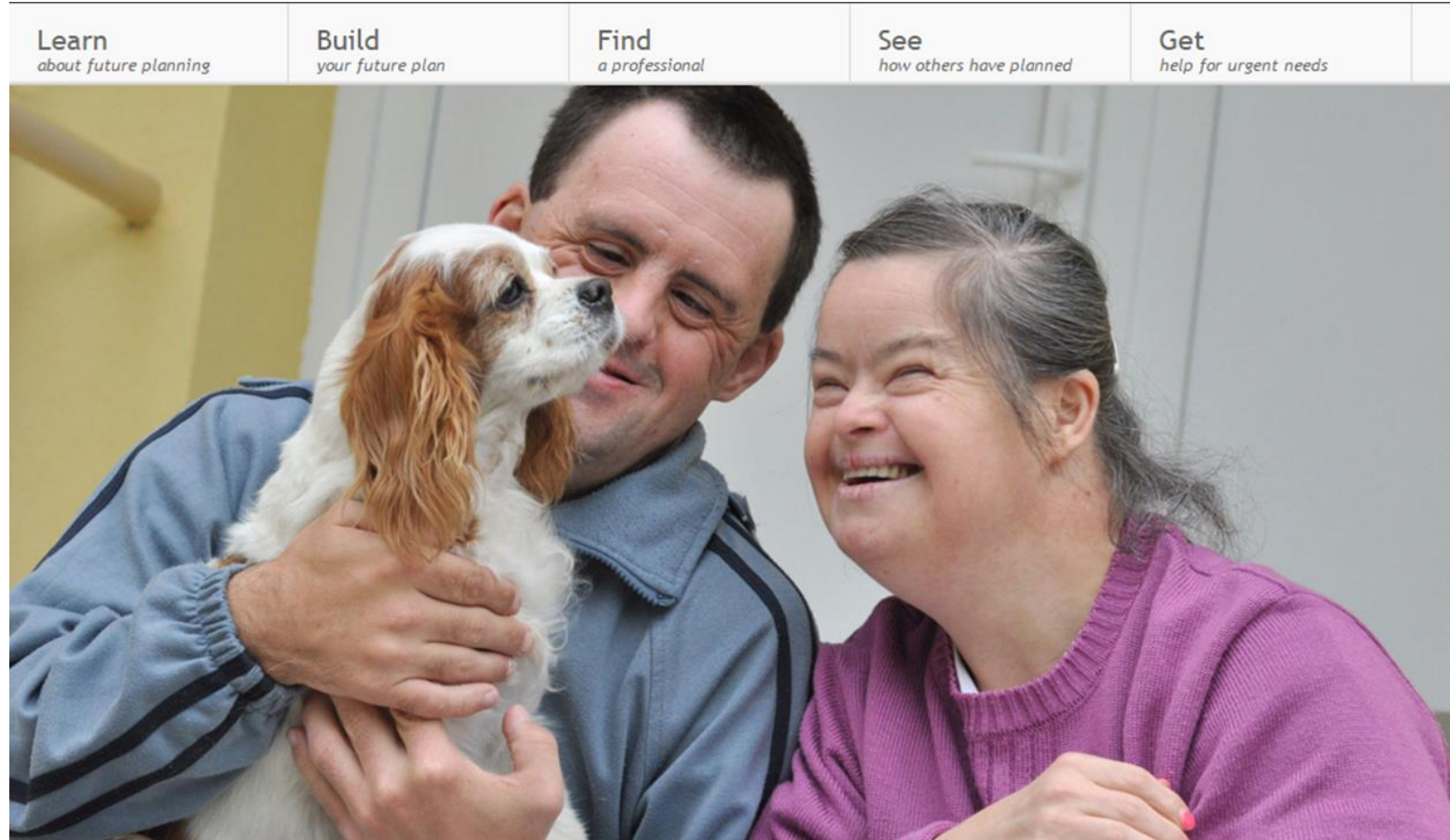
- Lack of Information
- Difficulty addressing emotional issues related to caregiver's mortality
- Unavailability of appropriate services or distrust of the service system
- Difficulty of affording services of attorneys and other professionals



The Arc

*For people with intellectual
and developmental disabilities*

The Center for Future Planning® Background



Achieve with us.®

Impact of Future Planning Trainings & Resources



Center for Future Planning[®] New Materials

- Purpose of new materials
 - Add structure
 - Person-centered
 - Use of supplemental materials
 - Family involvement

Center for Future Planning[®] New Materials

Alignment to the Center for Future Planning[®] website

- Plain language documents
- Videos
- Activities (new)
- Build Your Plan tool



Center for Future Planning®

<https://futureplanning.thearc.org/pages/learn/where-to-start/making-social-connections>

Plain language



Center for Future Planning®

<https://futureplanning.thearc.org/pages/learn/where-to-start/making-social-connections>

Video

Build a section of your future plan



Expressing Wishes
for the Future

Review



Deciding Where to
Live

Review



Financing the
Future

Continue



Employment &
Daily Activities

Review



Supporting Daily &
Major Life
Decisions

Review



Making Social
Connections

Continue

Center for Future Planning® New Materials

BUILD A PERSON-CENTERED FUTURE PLAN



Use plain language documents and videos on the Center for Future Planning® website to provide instruction on the topic



Complete activity from the Action Kit that aligns to each section of the Build Your Plan® tool



Family, facilitator and/or person with I/DD begin putting information into the [Build Your Plan® tool](#)

Center for Future Planning® training expansion

- Future Planners of The Arc Training Series
 - Train the trainer model
 - The Arc National trains professionals who work would like to with families on future planning
 - Webinar-based, but in-person can be arranged at an additional cost
 - Approximately 4-5 hours of training, broken into 3 live, online sessions.
 - Certificates provided to participants who complete all 3 sessions
 - Professionals would be listed in our professionals services directory on the Center for Future Planning website
 - Dates: 3 part series: August 6th, August 15th and August 20th

Center for Future Planning[®] training expansion

How much would you (or your organization) pay for this training?

- 4-5 hours total training broken into three parts
- Online, live training
- Materials and guidance on how to use materials with families provided
- “Future Planner of The Arc” certificate provided
- Listing in the Center for Future Planning professional resource section



Center for Future Planning® Training offering expansion

If you are interested in signing up for the *Future Planner of The Arc* training series please complete the short post-webinar survey.

Mark yes to the question regarding receiving more information on the training and we will reach out with more information.



Center for Future Planning®

Questions?

<https://futureplanning.thearc.org/>

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