Welcome to today’s panel!

• **First time using Webex?**
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  – You can type questions about the material presented in the **Q&A** section.

• Today’s webinar will be **recorded and shared publicly**. Please keep this in mind when sharing information and experiences during the webinar.
Future Planning Stories from Self-Advocates: Successes, Challenges, and How to Make Your Voice Heard

Panelists:
Stephanie Logsdon-Breakstone, Autistic Self Advocacy Network
Nicole LeBlanc, Green Mountain Self Advocates and Self Advocates Becoming Empowered
Amy Goodman, Autism NOW and The Arc
Savannah Logsdon-Breakstone

- Savannah lives alone in an apartment and gets help from her family who live nearby.
- Savannah has a mental health advanced directive that tells people what she wants to have happen if she gets sick.
- Savannah is planning on moving to Harrisburg, which is 5 hours from her family. There is a lot of planning and skills Savannah has to learn before she moves so that it will be successful.
Nicole LeBlanc

• My main plan for the future is to apply for the Paul Marchand Public Policy Internship through The Arc.

• One of my goals is to do long-term career planning to help me achieve my dream of working in Washington DC on federal disability policy.

• Pursuing an internship is one step that will help me achieve that long-term goal.
Amy Goodman

- Amy Goodman, Director Autism Now and The Arc

- Married to another wonderful person on the “autism spectrum”

- I need to save money for retirement and write a will with my husband.
How to Get Started Making Plans and Who Can Be Most/Least Helpful
Steps to Make Plans a Reality and Any Help Needed to Do So
When Does a Plan Become Comfortable and How Do You Make Updates/Changes
The Hardest and Most Important Parts of Planning
Dealing with People who Try to Make Plans for You
Advice for Those Looking to Make Future Plans
Questions?

Please raise your hand and we will call on you OR type your question into the chat box.
Next Webinar

Wednesday, July 29th, 2015, 2:00-3:00 PM Eastern
Being with People with ID who are Experiencing Grief and Loss

If you have any questions, please contact us at futureplanning@thearc.org