

Welcome to today's panel!

- **First time using Webex?**

- You can communicate with other attendees or the host in the **Chat Box** and seek technical assistance if needed.

- You can type questions about the material presented in the **Q&A** section.

- Today's webinar will be **recorded and shared publicly**. Please keep this in mind when sharing information and experiences during the webinar.

Future Planning Stories from Self-Advocates: Successes, Challenges, and How to Make Your Voice Heard

Panelists:

Stephanie Logsdon-Breakstone, Autistic Self Advocacy Network

Nicole LeBlanc, Green Mountain Self Advocates and Self Advocates
Becoming Empowered

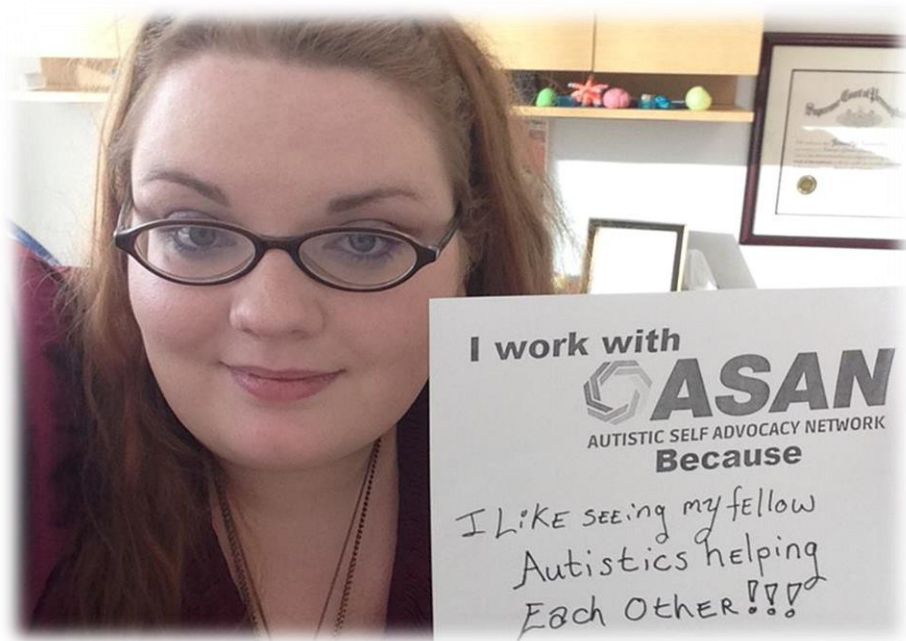
Amy Goodman, Autism NOW and The Arc



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and developmental disabilities*

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Savannah Logsdon-Breakstone



- Savannah lives alone in an apartment and gets help from her family who live nearby.
- Savannah has a mental health advanced directive that tells people what she wants to have happen if she gets sick
- Savannah is planning on moving to Harrisburg, which is 5 hours from her family. There is a lot of planning and skills Savannah has to learn before she moves so that it will be successful.



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Nicole LeBlanc

- My main plan for the future is to apply for the Paul Marchand Public Policy Internship through The Arc.
- One of my goals is to do long-term career planning to help me achieve my dream of working in Washington DC on federal disability policy.
- Pursuing an internship is one step that will help me achieve that long-term goal.



Amy Goodman



- Amy Goodman, Director Autism Now and The Arc
- Married to another wonderful person on the “autism spectrum”
- I need to save money for retirement and write a will with my husband.

How to Get Started Making Plans and Who Can Be Most/Least Helpful

Steps to Make Plans a Reality and Any Help Needed to Do So

When Does a Plan Become Comfortable and How Do You Make Updates/Changes

The Hardest and Most Important Parts of Planning



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Dealing with People who Try to Make Plans for You

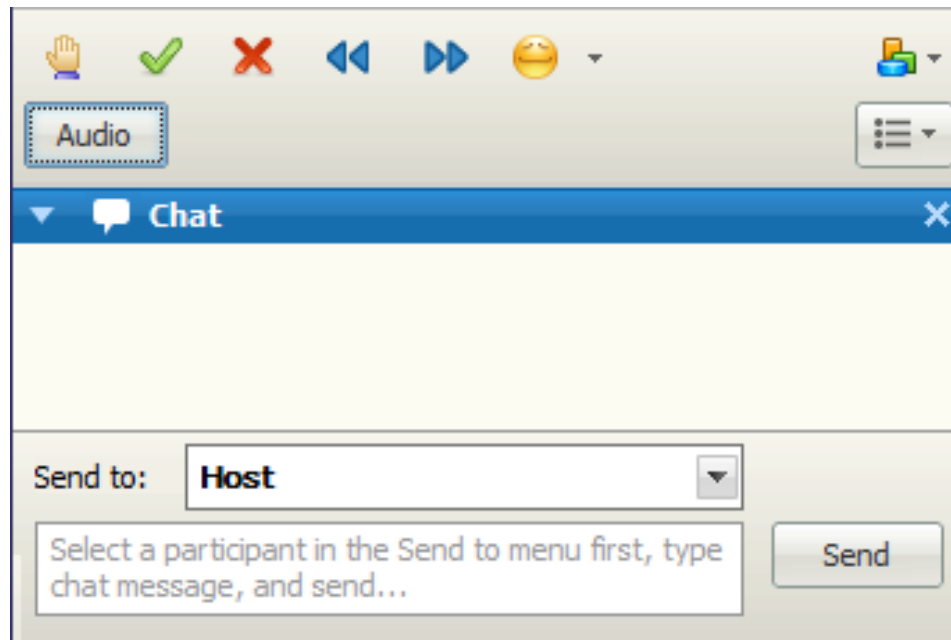
Advice for Those Looking to Make Future Plans



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Questions?

Please raise your hand and we will call on you OR type your question into the chat box.





Next Webinar

Wednesday, July 29th, 2015, 2:00-3:00 PM Eastern

Being with People with ID who are Experiencing Grief and Loss

If you have any questions, please contact us at

futureplanning@thearc.org