The Family: Aging and Disability

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National Association of Area Agencies on Aging

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National Council on Aging

The Arc
For people with intellectual and developmental disabilities

Achieve with us.
Area Agencies on Aging

Local Leaders in Aging and Community Living
Livable Communities Collaborative

The Aging Network's Volunteer Collaborative
Engage the wisdom of age.

Aging and Disability Partnership
for Managed Long-Term Services and Supports

NCST
National Center on Senior Transportation

elderCare locator
Celebrating 20 Years
Connecting You to Community Services
An Aging Nation

Over the next two decades, the proportion of the U.S. population over age 60 will dramatically increase as the baby boomers reach this milestone. By 2030, more than 70 million Americans will be 65 and older, twice the number in 2000.¹

By 2030, 1 in 5 Americans will be 65 or older.
90% of adults age 65 and older say they hope to stay in their homes for as long as possible.\(^2\)

But to do so, many people will eventually need some level of service or support to live safely and successfully in their home or community.
Older Americans Act (OAA)

- Summer of 1965, alongside Medicare and Medicaid
- Created the National Aging Network (AAAs designated in 1973)
- Most of Act applies to those age 60 and older
- Targets services to most frail and vulnerable and special populations:
  - veterans
  - minority
  - low-income
  - limited English proficiency
Mission: To develop a comprehensive and coordinated system of home and community-based long-term services and supports (LTSS) that is responsive to the needs and preferences of older adults and caregivers
The OAA is foundational for all AAAs, but since the law calls for local control and decision-making, AAAs adapt to the unique demands of their communities to provide innovative programs that support health and independence. That’s why no two AAAs are exactly alike.
Funding & Coordination of the Aging Network

Federal

States

Area Agencies on Aging

Local service providers
Nationwide Network with a Local Flavor

**AAA Structure**

- 39% Independent, nonprofit
- 28% Part of county government
- 26% Part of a Council of Governments or Regional Planning and Development Area
- 3% Part of city government
- 4% Other

_Achieve with us._
All AAAs Play A Key Role In...

A WIDE RANGE OF LONG-TERM SERVICES AND SUPPORTS to consumers in their local planning and service area (PSA)
Core AAA Services

- Caregiver
- Nutrition
- Health & Wellness
- Elder Rights (includes abuse prevention and long-term care ombudsman programs)
- Supportive Services

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AAAs Serve a Broad Range of Consumers

While all AAAs serve adults age 60 and older and their caregivers, they also serve younger consumers, such as ...

Percentage of AAAs that serve consumers under age 60, by category:

- Consumers with a disability or chronic illness: 73%
- Caregivers of all ages: 59%
- Veterans of all ages: 30%
- Others: 35%
AAAs and Your State

• 72% → Aging and Disability Resource Centers (ADRCs)
• 62% → State Health Insurance Assistance Programs (SHIPs)
• 57% → Local Long-Term Care Ombudsman Programs
Information, Referral & Assistance

• **Local hotlines** to connect callers to Home and Community Based Services (HCBS) and related services.
• **Case management** for HCBS
• **Benefits and eligibility** counselors
• **Health insurance** benefits counselors
• **Care Transitions** coaches
• **Medicaid managed care** (varying roles—from eligibility to case management to service delivery)
• Identification and prevention of elder abuse
Home and Community-Based Services

- Home-delivered or congregate meals
- In-home help with ADLs
- Chore services
- Home modification
- Transportation (rides to meal sites, doctor’s offices, etc.)
- Legal services
- Adult Day Care
- Caregivers: respite, support groups, training
- Ombudsman programs
Other Services Provided

• Chronic Disease Self-Management classes
• Falls Prevention programs
• Wellness and socialization programming at local senior and community centers
• Senior Community Service Employment Program
• Senior Medicare Patrol
• VOLUNTEER opportunities
How to Reach Your Local AAA

- Online at www.n4a.org
- Call a public education or advocacy staff member at your local AAA

1.800.677.1116
www.eldercare.gov
Improving the lives of 10 million older adults by 2020
National Council on Aging (NCOA)

Who We Are:
NCOA is the nation’s leading nonprofit service and advocacy organization representing older adults and the community organizations that serve them.

Our Mission:
To improve the lives of millions of older adults, especially those who are vulnerable and disadvantaged.
# The Arc and NCOA

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*The Arc of the US is focused on individuals with intellectual and developmental disabilities. NCOA is focused on older Americans.*
How NCOA Accomplishes its Mission

Identify challenges facing older adults

Develop innovative solutions in the community, online, and through advocacy

Improve the lives of millions of older adults

Achieve with us.
Center for Benefits Access

- Helps community-based organizations find and enroll seniors and younger adults with disabilities with limited means into benefits programs for which they are eligible

CenterforBenefits.org
BenefitsCheckUp®

• Nation’s most comprehensive free, online service to screen seniors with limited income for benefits programs

• Since 2001, more than 4 million people have used BenefitsCheckUp® to identify annual benefits valued at nearly $15 billion

BenefitsCheckUp.org
Center for Healthy Aging

- Supports the expansion and sustainability of evidence-based health promotion and disease prevention programs

ncoa.org/CHA
Evidence-Based Healthy Aging Programs

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Falls Prevention

- Includes more than 40 states and 70 national organizations working collaboratively to bring education, awareness, and evidence-based solutions to local communities to prevent falls among older adults

- Sponsors Falls Prevention Awareness Day each September on the first day of fall

ncoa.org/FallsFreeInitiative
Many barriers

- Myths, stereotypes, egos
- Speak different languages
- Limited funding and waiting lists

Collaboration needed to better serve aging caregivers and aging adults with I/DD

- Aging caregivers and aging individuals with I/DD could benefit from services and supports in aging network
- Need to build relationships, trust, and learn from each other
Questions?

Please raise your hand and we will call on you OR type your question into the chat box.
Next Webinar:

Join us for a webinar focused on housing in May. More information will be forthcoming.

If you have any questions, please contact us at futureplanning@thearc.org