

The Family: Aging and Disability



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National Association of Area Agencies on Aging

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*For people with intellectual
and developmental disabilities*

Achieve with us.®



The Arc.

*For people with intellectual
and developmental disabilities*



advocacy | action | answers on aging

Area Agencies on Aging

Local Leaders in Aging and Community Living

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Livable Communities Collaborative



Aging and Disability Partnership

for Managed Long-Term Services and Supports

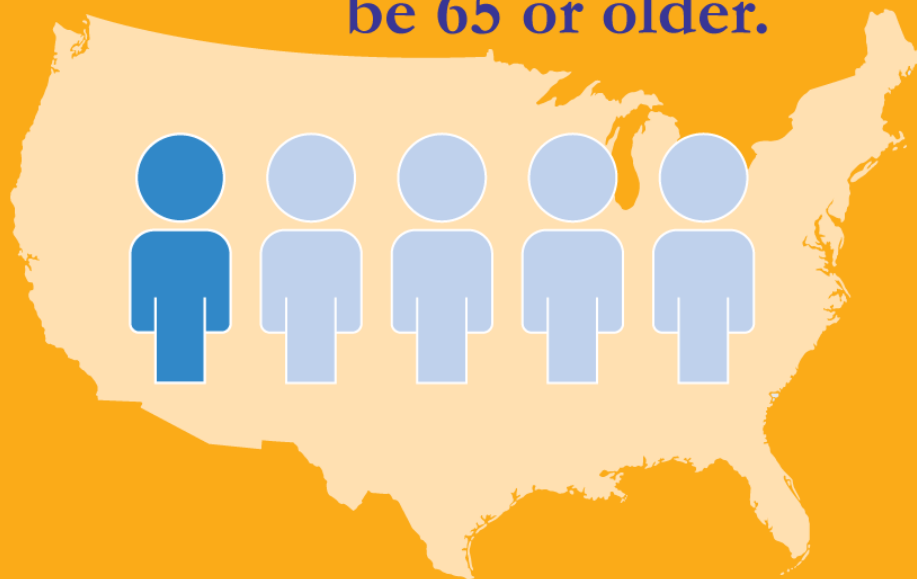


— Celebrating 20 Years —
Connecting You to Community Services

An Aging Nation

Over the next two decades, the proportion of the U.S. population over age 60 will dramatically increase as the baby boomers reach this milestone. By 2030, more than 70 million Americans will be 65 and older, twice the number in 2000.¹

By 2030, **1 in 5** Americans will be 65 or older.





90%
of adults age
65 and older say
they hope to stay
in their homes
for as long as
possible.²

But to do so, many people will eventually need some level of service or support to live safely and successfully in their home or community.

Older Americans Act (OAA)

- Summer of 1965, alongside Medicare and Medicaid
- Created the National Aging Network (AAAs designated in 1973)
- Most of Act applies to those age 60 and older
- Targets services to most frail and vulnerable and special populations:
 - veterans
 - minority
 - low-income
 - limited English proficiency

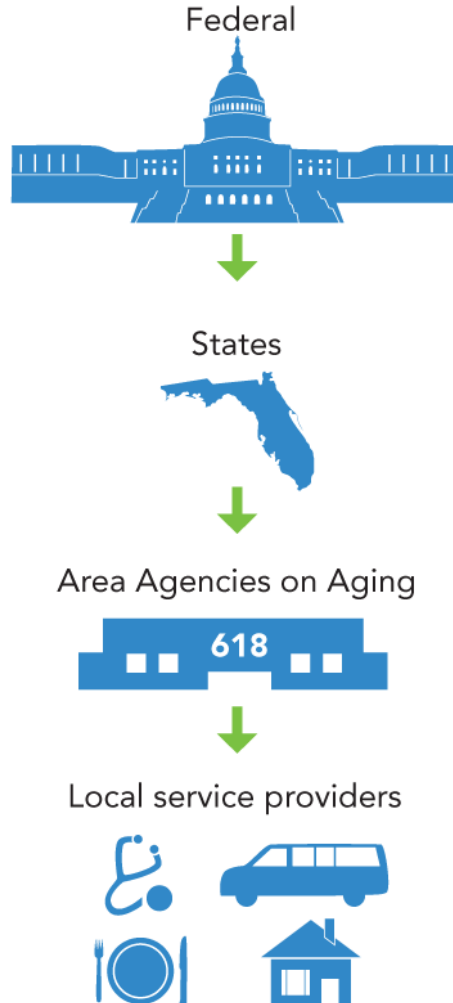
The National Aging Network

Mission: To develop a comprehensive and coordinated system of home and community-based long-term services and supports (LTSS) that is responsive to the needs and preferences of older adults and caregivers

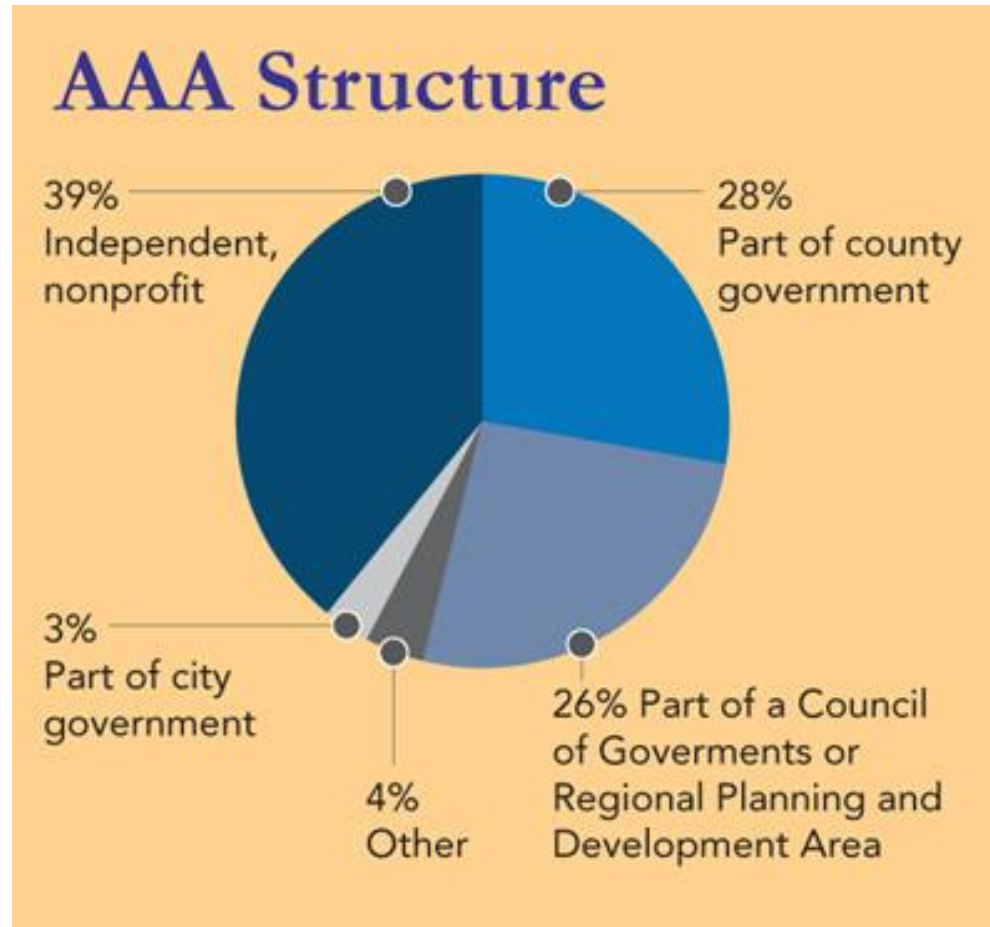
Area Agencies on Aging (AAAs)

The OAA is foundational for all AAAs, but since the law calls for local control and decision-making, AAAs adapt to the unique demands of their communities to provide innovative programs that support health and independence. That's why no two AAAs are exactly alike.

Funding & Coordination of the Aging Network



Nationwide Network with a Local Flavor



All AAAs Play A Key Role In...



Core AAA Services

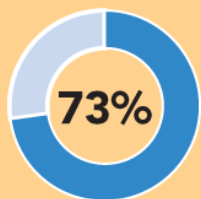


AAAs Serve a Broad Range of Consumers

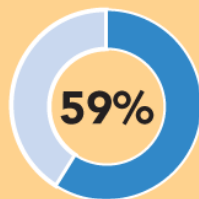
While all AAAs serve adults age 60 and older and their caregivers, they also serve younger consumers, such as ...

Percentage of AAAs that serve consumers under age 60, by category:

Consumers with a disability
or chronic illness



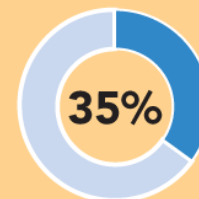
Caregivers of all ages



Veterans of all ages



Others



AAAs and Your State

- **72%** → Aging and Disability Resource Centers (ADRCs)
- **62%** → State Health Insurance Assistance Programs (SHIPs)
- **57%** → Local Long-Term Care Ombudsman Programs

Information, Referral & Assistance

- **Local hotlines** to connect callers to Home and Community Based Services (HCBS) and related services.
- **Case management** for HCBS
- **Benefits and eligibility** counselors
- **Health insurance** benefits counselors
- **Care Transitions** coaches
- **Medicaid managed care** (varying roles—from eligibility to case management to service delivery)
- Identification and prevention of elder abuse



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Home and Community- Based Services

- Home-delivered or congregate meals
- In-home help with ADLs
- Chore services
- Home modification
- Transportation (rides to meal sites, doctor's offices, etc.)
- Legal services
- Adult Day Care
- **Caregivers:** respite, support groups, training
- Ombudsman programs

Other Services Provided

- Chronic Disease Self-Management classes
- Falls Prevention programs
- Wellness and socialization programming at local senior and community centers
- Senior Community Service Employment Program
- Senior Medicare Patrol
- VOLUNTEER opportunities



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How to Reach Your Local AAA

- Online at www.n4a.org
- Call a public education or advocacy staff member at your local AAA



— *Celebrating 20 Years* —
Connecting You to Community Services

1.800.677.1116

www.eldercare.gov



National Council on Aging

Improving the lives of 10 million older adults by 2020



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National Council on Aging (NCOA)

Who We Are:

NCOA is the nation's leading nonprofit service and advocacy organization representing older adults and the community organizations that serve them.



Our Mission:

To improve the lives of millions of older adults, especially those who are vulnerable and disadvantaged.

The Arc and NCOA

The Arc of the US	National Council on Aging
Formed in 1950	Formed in 1950
Early decades <ul style="list-style-type: none"> • Research on child development • Developmental Disabilities Act • Medicaid • Right to education and ADA 	Early decades <ul style="list-style-type: none"> • Research on senior nutrition • Older Americans Act • Medicare • End discrimination against older workers
1990s to Present <ul style="list-style-type: none"> • Community living • Employment • Access to benefits for people with disabilities that are low-income • Asset development • Health promotion 	1990s-present <ul style="list-style-type: none"> • Community living • Employment • Access to benefits for low-income seniors • Economic security • Healthy Aging



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How NCOA Accomplishes its Mission



Identify challenges
facing older adults



Develop innovative
solutions in the
community, online, and
through advocacy



Improve the
lives of millions of
older adults

Achieve with us.®

Center for Benefits Access

- Helps community-based organizations find and enroll seniors and younger adults with disabilities with limited means into benefits programs for which they are eligible



Center for Benefits Access

CenterforBenefits.org

Center for Benefits Access

[BECs](#)

[MIPPA](#)

[Resource Library](#)

[Promising Practices](#)

[About the Center](#)

Highlights

Meet Our New BECs!

[Find out](#) who received funding to become new Benefits Enrollment Centers.

Medicare & the Marketplace

[Learn](#) the five things your clients need to know.

Newsletter

[Read](#) the latest edition of *Benefits Alert*.

Benefits 101

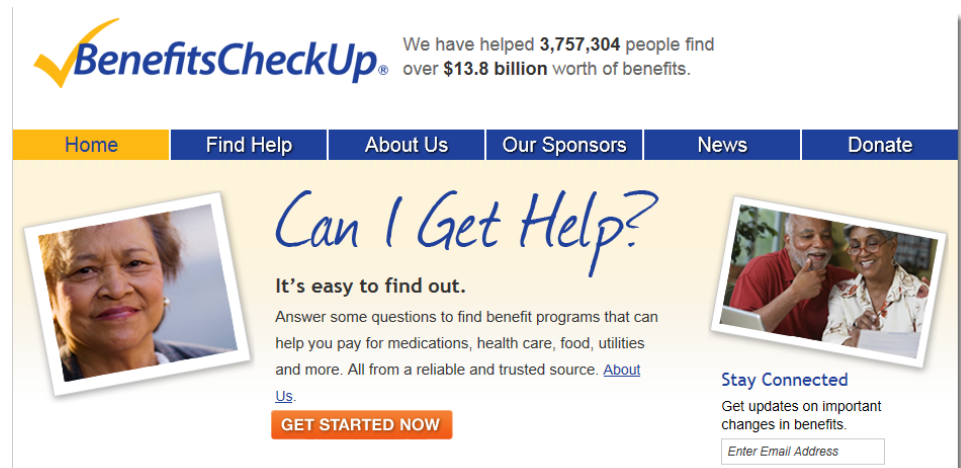
[Check out](#) all of our training webinars; fact sheets and presentations have been updated for fall 2013.



BenefitsCheckUp®

- Nation's most comprehensive free, online service to screen seniors with limited income for benefits programs
- Since 2001, more than 4 million people have used BenefitsCheckUp® to identify annual benefits valued at nearly \$15 billion

BenefitsCheckUp.org



Center for Healthy Aging

- Supports the expansion and sustainability of evidence-based health promotion and disease prevention programs



ncoa.org/CHA

Center for Healthy Aging

About Evidence-Based Programs	Offering Evidence-Based Programs	Resource Library	Grantee Resources	About the Center
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Highlights

New CDSME Infographic

The Center for Healthy Aging has developed an infographic highlighting the success of CDSME efforts over the years. [Get the infographic»](#)

Marketing Your Workshops

Watch this new presentation and download the corresponding slides to get tools and tips from our senior web producer to help you market your Chronic Disease Self-Management Education workshops. [Watch the presentation»](#)

A photograph of three elderly women standing outdoors and smiling. The woman on the left is wearing a white shirt and a wide-brimmed hat. The woman in the middle is wearing a light blue polo shirt. The woman on the right is wearing a pink long-sleeved shirt.



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Evidence-Based Healthy Aging Programs



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Falls Prevention

- Includes more than 40 states and 70 national organizations working collaboratively to bring education, awareness, and evidence-based solutions to local communities to prevent falls among older adults
- Sponsors Falls Prevention Awareness Day each September on the first day of fall

ncoa.org/FallsFreeInitiative

Bridging Aging & Disability Service Systems

Many barriers

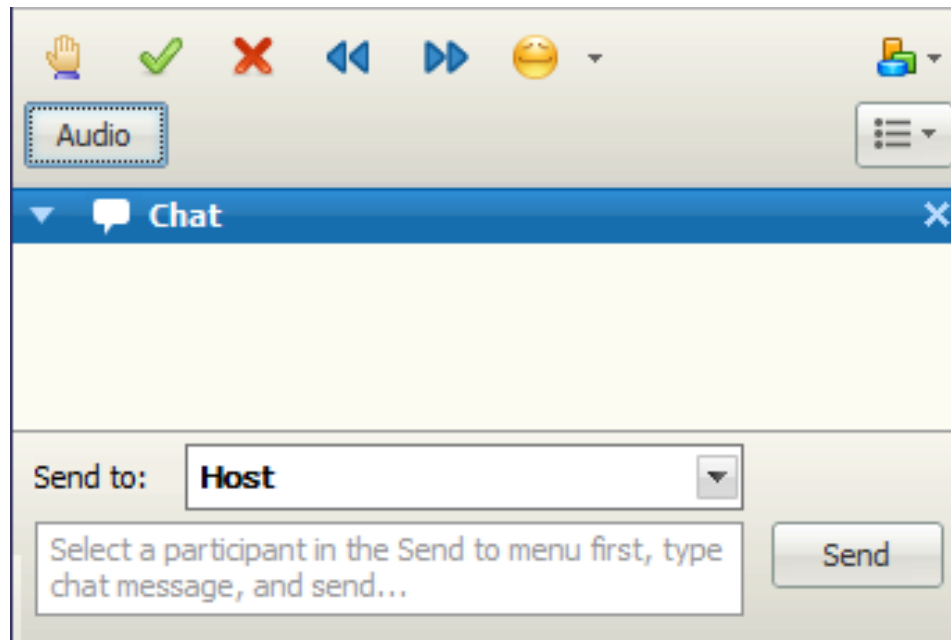
- Myths, stereotypes, egos
- Speak different languages
- Limited funding and waiting lists

Collaboration needed to better serve aging caregivers and aging adults with I/DD

- Aging caregivers and aging individuals with I/DD could benefit from services and supports in aging network
- Need to build relationships, trust, and learn from each other

Questions?

Please raise your hand and we will call on you OR type your question into the chat box.





Next Webinar:

Join us for a webinar focused on housing in May. More information will be forthcoming.

If you have any questions, please contact us at
futureplanning@thearc.org